

JEFFERY SMITH, M.D.

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CURRICULUM VITAE

EDUCATION:

Albert Einstein College of Medicine, Bronx, N.Y.:
Residency in Psychiatry, 1973-76

S.U.N.Y. Upstate Medical Center, Syracuse, N.Y.:
Internship in Internal Medicine, 1972-73

UCLA School of Medicine, M.D., 1972

Stanford University, B.A. 1968

PROFESSIONAL ACTIVITIES:

Full Time Private Practice:

260 Garth Rd., 2J4, Scarsdale, NY 10583, 1976-Present

SEPI Official Newsletter, *The Integrative Therapist*, 2015

Appointed Editor of new newsletter for the Society for the Exploration of Psychotherapy Integration, an international organization to promote integration of therapies, between therapists and researchers and integration across cultures.

Howtherapyworeks.com

Publisher of <http://www.howtherapyworks.com> an informative website focused on integrative ways to think about psychotherapy for consumers and Professionals.

Westchester Institute for Training in Psychotherapy and Psychoanalysis, 2008-2011

Taught Adolescent Development, Attachment, Trauma.

AddictionResourceGuide.com 1995-2008

Co-Founded website providing information on addiction treatment.

Cortland Medical, Hawthorne, NY

Founding Medical Director, 1988-1998

Owner and founder of Outpatient Addiction

Treatment Program for employed persons and their families.

New York Medical College, Westchester County Medical Center: 1989--Present
Clinical Associate Professor of Psychiatry,
Voluntary teaching of psychotherapy technique and integration.

Director, Division of Alcoholism Services, 1981-1989
Responsible for detoxification unit, and comprehensive community
outpatient services in Greenburgh, Yonkers and Ossining, NY

Coordinator of JCAHO Compliance, 1980: Responsible
for clinical aspects of site visit preparations.

Maxwell Institute, Bronxville, NY:
Psychiatric Consultant, Medical Director, 1987

St. Vincent's Hospital and Medical Center of NY, Westchester Branch:
Assistant Attending Physician, May 1984--1998

FRMH, Counseling Center of Southern Westchester:
Psychiatric Consultant, 1977 -84

Bronx Lebanon Hospital Center, Bronx, NY:
Chief Physician, Outpatient Clinic, 1976-80

Rikers Island Mental Health Unit: 1974-80
PSYCHIATRIST, MENTAL HEALTH UNIT

FACULTY APPOINTMENTS:

Westchester Institute for Training in Psychoanalysis and Psychotherapy
Instructor, 2008-2011

New York Medical College:
Associate Clinical Professor of Psychiatry, 1980-Present

Albert Einstein College of Medicine:
Clinical Instructor of Psychiatry, 1977-80

BOARD CERTIFICATION:

American Board of Psychiatry and Neurology:
General Psychiatry, 1978 Certificate #18522
Added Qualification in Addiction Psychiatry, 10/1994 to 10/2004

LICENSURE:

New York State, Registration No. 116609 1973-present

ASSOCIATIONS:

American Psychiatric Association, Westchester District Branch
Distinguished Life Fellow, 2006-
Private Practice Committee Chair 2003-2008
President Elect and President 2000-2002, 2005-2006
Secretary 1999-2000
Public Affairs Co-Chair 1997-2000
Program Coordinator, 1995-96

New York State Psychiatric Association
Public Affairs Chair, 1999-2002

American Psychiatric Association
Committee on Public Affairs, Area II Representative 1999-2002

American Academy of Psychoanalysis and Dynamic Psychiatry

American Academy of Addiction Psychiatry

Society for the Exploration of Psychotherapy Integration

Co-founder of the former:
Hudson Valley Professional Society for the Study of Dissociation
A component of the International Society for the Study of Dissociation

BOOKS

How We Heal and Grow: The Power of Facing Your Feelings (Libentia, 2014)

Epilog in *A Fractured Mind: By Life with Multiple Personality Disorder* (Hyperion, 2006) by Robert B. Oxnam.

REFEREED PUBLICATIONS:

Reexamining Psychotherapeutic Action Through the Lens of Trauma
Journal of the American Academy of Psychoanalysis, 32(4), 613-631 ,2004.

Alcoholism and Free Will: a Clinical Approach. *New York Medical Quarterly*, 8:3, 1988.

INTELLECTUAL PROPERTY:

US Patent # 5,982,303, Universal text input system for keypads and other small devices

US Trademark: "Thumbscript" name for above text input technology

Gold Award, Industrial Design Society of America / Business Week Design Awards 2000.